

Seth helps sailing people with disabilities

Our aim is to help the disabled experience the thrill of sailing

Seth is one important sponsor of Sailability in Portugal, through **Clube Naval de Cascais**, where the role is to encourage and support people with disabilities to take up the sport of sailing and other boating activities and facilitate their integration into the boating community.

There are many sports for people with disabilities. Taking part alongside able-bodied people, there is the opportunity for disabled people participate in regular events, activities and competitions on the sea, lakes, rivers and Marina of Cascais.

Sailing is one of the very few sports in which able-bodied sailors and disabled sailors may participate on equal terms.



Everyone can sail
(Photo by Charles Lindley)

We financially support disabled sailing groups throughout the **Clube Naval de Cascais** and **CERCICA**, who provide on shore training, information and advice.

Many of the questions and issues raised about boating are the same whether it is from a disabled or able bodied sailor and any one of the **Clube Naval de Cascais** should be able to deal with enquiries specific to their area of boating.

Sailability activities cover a broad spectrum, ranging from recreation, therapeutic and competitive activities, from grass-root, entry level through to elite World Championships and Paralympic training.



Sailability is a sport where deafness does not matter
(Photo by Charles Lindley)

Galeria de Fotos / Photo Gallery

(Cedidas por / Credit: Charles Lindley)



